ACT Government | Canberra Health Services

Eating Disorders Clinical Hub referral flowchart

Referral made to the Eating Disorders Clinical Hub

To make a referral:

- call **(02) 5124 4326**
- Email chs.edch@act.gov.au, **or**
- Fill in the online referral form on **www.canberrahealthservices.act.gov.au/services-and-clinics/services/eating-disorders-clinical-hub**

Referral appropriate?

This is determined via phone calls with the individual, their family/carer and current treatment team (if applicable)

No

Suggestions of other appropriate services provided

E.G. ED Mental Health Plan, GP, Private Practitioners, education materials

Yes

Single Session Intervention (SSI) appointment scheduled

SSI attended

Clinical discussion occurs and appropriate treatment option(s) decided upon

Connect to ACT eating disorder therapy service

Referral to GP/Primary Health Care/Mental Health Support

Referral to Family/Carer Support Groups

- STRIDE Program
- Parenting Group
- Eating Disorders Program (EDP)

Treatment starts