

Instructions for performing the Oral Glucose Tolerance Test (OGTT)

Fasting Glucose level should be checked by a Glucose Meter before proceeding with a Glucose Tolerance Test.

Pregnant Patients	Glucose Meter less < 6.0mmol/l	Collector proceeds with test
	Glucose Meter greater or equal $\geq 6.0\text{mmol/l}$	Test is halted. Record Glucose result on request form. Send a Specimen to the laboratory for formal testing.

Non-Pregnant patients	Glucose Meter less < 8.0mmol/l	Collector proceeds with test
	Glucose Meter greater or equal $\geq 8.0\text{mmol/l}$	Test is halted. Record Glucose result on request form. Send a specimen to the laboratory for formal testing.

Please note: performance of an OGTT should NOT be performed on a patient who has a high ($>10\text{mmol/L}$) fasting blood glucose as there is a major risk of a severe hyperglycaemia.

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